## The Messenger

May 2023





May 14th!

Editors: Rhonda, Angie & Missy

Volume #316

Friendly

Trash

cans

in the Summer

Reminder

NASTIER

months.

To all the Mothers,
Grandmothers,
Aunts, Sisters
and other women
in our lives that care for
us and love us
unconditionally,
Happy Mother's Day!

SALEM'S CITY WIDE YARD SALES ARE MAY 6<sup>TH</sup>!



Salem Housing Authority will be closed in honor of Memorial Day, Monday, May 29th



School is out soon! Salem R-80 will dismiss for the summer on May 17<sup>th</sup>.

Graduation-May 19<sup>th</sup>.

Remember to slow down & watch for kids at play@

Salem Farmer's Market Open Saturday's 7:30 tell NOON

Fresh veggies in season, delicious baked goods, plants, soaps & lotions, fresh eggs, vogurt & much more!



bleaching
weekly
helps (6)
ALOT!

What Home Means to Me Poster Contestants

Brayden Nelson



Gabriel Nelson



Macy McGregory



Madelyn McGregory



Kylie Maylee





## Missy's Minute... Just A Note.... From Me... To You.....

May is FINALLY HERE!!!!! YEAH (3) I hope you have all been well... and I hope you are as eager to see the pretty weather as I am. I am looking forward to some 70- & 80-degree days and much needed porch time. I am looking forward to all the pretty porches and flowers and seeing more of you'll getting some porch time in too!

We have gotten a good start on the mowing season and the lawns are looking very nice. The same crew from Scenic Rivers Industries will be mowing this year. If you have a problem with the crew member's performance... please correct it with them while they are there. You may also let us know about the issue...but remedy at the time of occurrence is the best option. Please be mindful of anything left laying in the yards. With school's summer break fast approaching...pay close attention to keeping their bikes and toys out of the yards. Also be mindful of water hoses kept neatly out of mowers path.

We have had a series of telephone issues and at times it may seem difficult to reach us. Keep trying and you will. Our lines are down to one and the voicemail is not working currently. We are in the process of a temporary fix until we can update to a new system.

There will be an extra trash day in May following the Community Yard Sale... Please take advantage of both to do a purge and get rid of those things you do not need that just clutters up your apartments and porches.

I want to Thank Everyone in Bright Meadows for being ready for the last REAC (Federal) Inspection... It was a GOOD one and "THANK YOU VERY MUCH FOR ALL YOUR EFFORTS IN MAKING YOUR APARTMENTS NICE! "

School will be out soon and with it I want to remind everyone to be more aware of your surroundings. Kids playing outside and people walking and sometimes not in areas easily visible. Please take extra caution when driving and slow down on property. Let's Be Safe...

Salem Housing Authority will be Closed on Monday May 29th in Observance of Memorial Day.

I also want to thank all the children that participated in the What Home Means to Me Contest! Your Poster's are BEAUTIFUL, and I wish you luck in the Contest! (3)

Please remember there is nothing more important as family and our greatest achievement in life is our children, the only thing that's proof we existed...as a parent take it seriously...leave a big footprint on them. Be thankful every day that your mother took time for you and now as she ages...take time for her. A conversation or time to reflect on a favorite memory of her. I want to wish all the Mother's living and working in Salem Housing, "A Happy Mother's Day"

Be Well...Until next month...

Missy





## May AUTUMNWOOD & BRIGHT MEADOWS

GET WELL WISHES

Karen Gresham-Surgery Rhonda Click Beatrice Cordova Linda Dean Bonnie Sullins

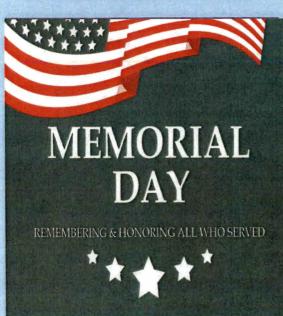
#### SYMPATHY

Beverly Canaday-Daughter Jessie Schafer & Carol Lewis-Niece Gary Brown-Mother

WELCOME TO THE NEIGHBORHOOD
Arlene Lunn
Linda Dean

GOODBYE-We will miss you!







After Hours Emergency Maintenance :Call: 729-2748/247-3843/247-3872 (Emergencies only)-NOT FOR GENERAL WORK ORDERS!

Whether you have been on Oxygen or are just starting, YOU ARE RE-WI QUIRED TO NOTIFY THE OFFICE! The office will provide you with a sign for your door. ABSOLUTELY NO SMOKING IN UNIT! If you are caught smoking with oxygen on or off in apt...you will be EVICTED IMMEDIATELY!!

\*Visitors & Home Health Workers need to park on the street & NOT in Parking Pads provided for Tenants. They may only temporarily use if *they* are delivering items or picking up tenants.

Tenants please keep Office informed of changing phone numbers. WE MUST BE ABLE TO CONTACT YOU! Also, if you or another tenant has been ill or hospitalized, please let us know. Death in family, new grand/great-grand baby, or congrats in order, LET US KNOW!

\*Any tenant who wants a pet MUST contact the office & see if the pet falls within the Pet Policy guidelines. A deposit of \$200 is required and can be paid over a 6 month period. The animal must have shots & fall within the qualifying definition of the Pet Policy. A Pet Policy MUST be signed & in the tenant's file BEFORE you may have a pet! NOT FOLLOWING THIS PROCEDURE CAN ENDANGER YOUR TENANCY WITH SALEM HOUSING!

\*Maintenance Work Orders must first be called in to the Office: 729-6453

\*We have a drop box for rent -Check or Money Order- NO CASH PLEASE!

\*Lost & Found Box...Please check the SHA Office 729-6453! DO NOT FEED ANIMALS OUTSIDE! This causes unwanted PESTS! DO NOT throw grease or food out your front/back door. This draws insects, dogs & stray animals.

## May Events



Trash needs to be at curb by 9 a.m. Keep trash cans cleaned out all year round. Bleaching them weekly really helps eliminate problems! Trash has to be in a trash bag, not loose in can or in grocery bags. Please comply or trash will be left in can.

SMOKERS... A friendly reminder that there is NO smoking allowed in your apartment EVEN if the weather outside is frightful! ITS THE HUD LAW!

Anderson Foot Clinic is at SMDH every Wed. (except first one) each month. Call 573-341-3668 for details and an appointment!

PEST CONTROL—Shipley's Pest Control, along with SHA Maintenance will be treating apartments, May 18th, weather permitting. If you are seeing bugs inside, please notify the office immediately so we can get your apartment treated. Also, bugs such as fleas & bed bugs should be reported to office IMMEDIATELY to prevent spread.

REMINDER: BM TENANTS-To prevent your pantry drain from smelling like sewer, Pour 3 cups of water in drain monthly to control odor.

EXTRA! EXTRA! If you have a homecare worker, they need to park in the street. Parking pads are for tenants. There is no assigned parking here except for the disabled.

NEW OXYGEN USERS: Please alert the office so that we can place a sticker on your door.



2023 Bank of Salem Calendars & MO FEDERATION OF THE BLIND Calendars & SMTS bus schedules are available in our lobby. REMINDER-NEW after hours emergency numbers...



CALL IN THIS ORDER, PLEASE...

\*#1-573-729-2748 \*#2-573-247-3843 \*#3-573-247-3872

May 2023 Salem Senior Center MENU Mon Tue Wed Thu Fri 5 Cinco De Mayo Stir Fry Chicken Country Fried BBO Rib with Bun Baked Chicken Leg Beef Burrito in Flour Steak/Gravy Country Blend Veg Steak Fries Fried Rice Tortilla Mashed Potatoes **Baked Potato** Meadow Blend Oriental Vegetables Refried Beans Milk Roll Pears Egg Roll Green Beans Milk Dessert Pineapple Milk Roll Dessert Bread Milk Dessert Milk Dessert 10 Breakfast for 11 12 Mother's Day Lunch Spaghetti Pulled Pork Lunch Meatloaf Smothered Chicken Omelet Gravy Sandwich Salad Roasted Rosemary Roasted Broccoli **Mashed Potatoes** Country Blend Hash browns Potatoes Green Beans Vegetables w/onions & Peppers Garlic Bread Fruit Salad Roll Applesauce Sausage Milk Roll Milk **Biscuits Gravy** Dessert Milk Milk Dessert Dessert Fruit Cocktail Dessert Milk Cinnamon Roll 15 16 18 19 Beer Battered Pollock **BBQ** Chicken Sloppy Joes on a Bun Burgers & Hot Dogs Liver or Salisbury Steak Loaded Tator tots Lettuce Salad Coleslaw Potato Salad Mandarin Oranges Corn Pinto Beans Pork & Beans Gravy Cornbread Milk Mashed Potatoes Milk Garlic Bread Mixed Vegetables Dessert Milk Milk Dessert Roll Dessert Dessert Milk Dessert 22 25 23 26 Meatloaf Creamy Baked Pork Open Faced Turkey Beans with Ham **Grilled Burgers** Fried Potatoes & With Fixins Gravy Gravy Chop **Mashed Potatoes** Onions **Mashed Potatoes Au Gratin Potatoes** Coleslaw Spinach **Baked Beans Green Beans** Broccoli Salad Green Beans Stuffing Cornbread Milk Roll Roll Milk Milk Milk Milk Dessert Dessert Dessert Dessert Dessert 29 31 Ages 60 and over meal 30 CLOSED Chicken & Noodles is a suggested \$5 Serving Lunch Pot Roast Capri Blend contribution in Potatoes Mon-Fri 11:00am to 12:30pm.

Sliced Peaches

Under age 60 meal cost

is \$7 per person

Roll

Milk

Dessert

observance

of

Memorial Day

Carrots

Dessert

Roll

Milk

#### Salem Senior Center Activity Schedule May 2023

Tue	Wed	Thu	Fri
	3 Meal sorting for Meals	4 Meals on Wheels	5 Meals on Wheel
10am	on Wheels Est time	Delivery East Route	Delivery County
Current	10:30am	10:00am	Rte 10:00am
River	Volunteers	Acute Care from	Gittercize 10am
Blue Grass	Needed	Salem Memorial	Cinco De Mayo
	Plant exchange	ALLEGA MANAGEMENT OF THE PARTY	Celebration 11an
			Birthday /Anniv
	•	Insurance Group	Party 12:00pm
		Scam Awareness	Binge
		presentation	Line Dancing
		6pm	6:30pm
9 Sitterciae	10 Meal serting Lor	11 Meals on Wheels	12 Meals on
10am		Delivery East Route	Wheels Delivery
1000.10			Bunker Rt 10am
	Volunteers needed		Gittercige-10am
	Craft w/ Abby & Tia		
16 Gitterciae		18 Meals on Wheels	19 Meals on
10am			Wheels Delivery
		10:00am	County Rt
Current	ALLER DE LEVI D		10:00am
			Trivia with
	Board meeting		Denine from Oal
			Pointe Rolla
6pm			11:30pm
			Sittercize 10an
			Board election
	100		votes posted 2pm
-			
			26 Memorial Day
			BBQ 11am
10am	1775 2777	10:00am	Meals on Wheels
			Delivery Bunker
			Route 10am
	12:30pm		Gittercige
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	2Gittercige 10am Current River Blue Grass Band 6:00pm  9 Gittercige 10am  Current River Blue Grass Band 6pm  23 Gittercige 10am  30 Gittercige 10am Ginger	23 Current River Blue Grass Band 6:00pm  9 Gittercize 10am Volunteers Needed Plant exchange 12:00pm  9 Gittercize 10am Volunteers needed Craft w/ Abby & Tia 12:30p  16 Gittercize 10am Current River Blue Grass Band 6pm Gpm  23 Gittercize 10am Volunteers needed Current River Blue Grass Band 6pm Gpm  23 Gittercize 10am Volunteers needed Bingo with Abby & Tia 12:30p  24 Meal sorting for Meals on Wheels Est time 10:30am Volunteers needed Bingo with Abby & Tia 12:30p  30 Gittercize 10am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30 Gittercize 10am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30 Gittercize 10am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30 Gittercize 10am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30 Gittercize 10am Volunteers needed Volunteers needed Volunteers needed Volunteers needed Volunteers needed	25 titercize 10am Current River Blue Grass Band 6:00pm  9 Sittercize 10am Volunteers 10am Volunteers Plant exchange 12:00pm  9 Sittercize 10am Volunteers 10am Volunteers 10am Volunteers Plant exchange 12:00pm  13:00pm  14 Meals on Wheels Est Time 10:30am Volunteers needed Craft w/ Abby & Tia 12:30p  16 Sittercize 10am Current River Blue Grass Band 6pm  Current River Blue Grass Band 6pm  24 Meals ontheels Est time 10:30am Current River Blue Grass Band 6pm  Sittercize 10am Volunteers needed Bingo with Abby & Tia 12:30pm  25 Meals on Wheels Est time 10:30am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30  31 Meals ontheels Est time 10:30am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30  31 Meals ontheels Est time 10:30am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30  31 Meals ontheels Est time 10:30am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30  31 Meals ontheels Est time 10:30am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30  31 Meals ontheels Est time 10:30am Volunteers needed Bingo w/ Abby & Tia 12:30pm  30  30  31 Meals ontheels Est time 10:30am Volunteers needed Bingo w/ Abby & Tia 12:30pm







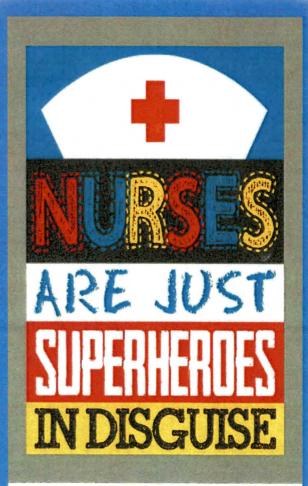




**Tricia Scherer** 2<sup>nd</sup> **Laurie McMurry** 2<sup>nd</sup> **Rose Marie Coleman** 2<sup>nd</sup> **Elaine Smith** 3rd **Nancy Marrill** 3rd **Laura Lewis** 4th **Monica Gott** 5<sup>th</sup> Alicia Kane 5<sup>th</sup> Cloe Carswell 6th **Shirley Wofford** 13th **Loretta Marrill** 18th Marilyn Mueller 21st **Marcia Craft 22<sup>nd</sup>** Paula Dooley **22<sup>nd</sup> Beth Nelson** 24<sup>th</sup> Rebecca Maylee 24<sup>th</sup> William Henckel 25<sup>th</sup> Steven Brown **26**<sup>th</sup>



Nurses Week May 6 - 12







## **Memorial Day**

WORD SEARCH

AMERICAN

ANTHEM

CEMETERY

CEREMONY

COMMEMORATE

DECORATION

**FALLEN** 

FLAGS

**FLOWERS** 

FREEDOM

GRAVE

HALF MAST

HEROES

HOLIDAY

HONOR

MAY

MEMORIAL

**OBSERVANCE** 

PATRIOTIC

B S S S O E S H N S M H O N O R Q C N R R R Y P R L C I T O I R T A P T K A M E E V J A A P I A C B J N Q A M J N D M I P J X T W Y L A I R O M E M P T S E D V K S Q P O X X C E I W U T A H R M L E H O L I D A Y V G T S X W A E E B O T T O R S H I A N W A J A Q S M W R S F A U U A N R E C T R T D E S P O A R G B S L Y G L F E U O P O T S A L N V E A F D A L A R M N C R I G A M F C W V M L Z A S U E E S E R V I C E C E U S J A R V Y V G D E E O A Z B I I R R U S J A R V Y V G D E E O A Z B I I R R M M G P O B S E R V I A M M G P O B S E R V I A M M G P O B S E R V A N C E Q B B R C N O Z K S M M E M O R A T E E M N N W D K D Z D X F A I A A B G R Q B Y P V Y J Y C A M Y I X R X N T R H P J

REMEMBRANCE

SACRIFICE

SALUTE

SERVICE

SOLDIERS

TAPS

**VETERANS** 

WAR



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#### **Service Schedule: Dent County**

For more information or to schedule a ride, call 573-729-3133

Office hours: Monday through Friday 8am to 4pm

#### **Local Service**

Monday through Friday: Entire County - service to Salem Tuesday & Thursday: Entire County - service to Rolla

2<sup>nd</sup> Thursday of each month: Bunker (Reynolds County) – Service to Salem (Min. of 3 riders required.)

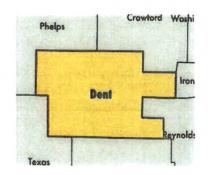
Requirements: Appointments need to be between 8am and 3pm

Call at least 24 hours in advance

#### **Long Distance Service**

Monday: Entire County - service with Phelps county to Columbia Requirements: Appointments needs to be between 10am and 2pm Call at least 3 business days in advance

1st & 3rd Thursday of each month – service with Phelps County to St. Louis
2nd & 4th Tuesday of each month – service with Phelps County to St. Louis
Requirements: Appointments needs to be between 10am and 2pm
Call at least 3 business days in advance



#### **Additional Information**

Local Service: SMTS reserves the right to schedule your pickup and return time based on our daily passenger list. You should always be prepared to leave up to one hour early and prepare for up to an additional hour on the return time, as well.

Long Distance Service: Riders need to plan to be on the vehicle all day. This service is provided as a group. All riders go together and return home together.

SMTS provides additional transportation beyond the service outlined above. It may be possible for you to "ride share" if your appointment is outside our schedule for that given day. Please ask our Coordinator before assuming that we cannot help with your need.

#### Fee Schedule:

Over 60 or under 60 with verified disability Suggested Contribution		Under 60 without a verified disability	
		Required Fare	
In-town	\$3.00	In-town	\$6.00
In-county	\$7.00	In-county	\$14.00
<b>Adjoining County</b>	\$14.00	Adjoining County	\$21.00
3 <sup>rd</sup> County	\$20.00	3 <sup>rd</sup> County	\$30.00
4th & 5th County	\$30.00	4th & 5th County	\$40.00

Contrary to popular belief, transportation provided by SMTS <u>is not free</u>. The average cost for a 30-mile trip is \$44 per rider. Your contribution DOES help to ensure our future – Thank You!

Hearing impaired persons may call Relay Missouri TTY relay services at 1-800-735-2966 SMTS provides transportation for all people, all ages.

### FAKE CHECK SCAMS

Did someone send you a check and ask you to send some money back?

IF IT'S A FAKE CHECK,
WHY IS MONEY IN YOUR ACCOUNT?



Banks have to make deposited funds available quickly. It's the law. But the bank may not learn for days that the check was bad. By then, the scammer has your money. And you have to repay the bank. Remember — just because the check has cleared does not mean it is good.

#### WHAT TO DO:



Be wary.

Talk to someone you trust and contact your bank before you act.



Never send money back to someone who sent you a check.

573-729-4146 904 W Scenic Rivers Blvd Salem MO



# I just realised why this month is called May. It May rain, It May snow, It May be 70 degrees. It May be 20 degrees.

Just for Jokes and Fun

#### **PUZZLE ANSWERS**



